



9 MARCH 2026

# Weekly Notices

Your weekly careers notices and opportunities!

## Weekly Update

This week we are celebrating British Science Week, and we look forward to seeing so many students engaging enthusiastically with STEM-focused activities across the school.

We are particularly looking forward to our upcoming Chemistry in Action Trip and Physics in Action Trip, which provide an exciting opportunity for students to experience live lectures delivered by leading scientists and communicators. These events are designed to deepen subject knowledge, support examination studies and, importantly, showcase the wide range of careers that stem from studying the sciences.

Our Work Wednesdays programme continues with Filipa Tunaru, Epidemiologist at Arcturis Data. Filipa will be sharing insights into careers in epidemiology, data science and public health, helping students understand how data is used to track disease patterns and inform real-world decision-making. Later in the week, we are excited to host a talk from Libby Jackson, Head of Space at the Science Museum. Her session will explore careers in space science, science communication and the wider STEM sector. This is a fantastic opportunity for any students curious about the UK space industry and the variety of roles within it.

These encounters with professionals are invaluable in broadening horizons and demonstrating the many pathways that STEM subjects can lead to. Students are encouraged to attend, ask questions and make the most of these opportunities.

## For more help or a chat

Visit me in the main office or  
[email me](#)



Mrs Clarke-McBermott  
CAREERS LEADER



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unifrog

## Upcoming Events (Virtual)

Monday 9 March @4.30pm - 45 mins - [sign up](#)

Careers session: become an energy engineer with £27,000 funding

Monday 9 March @5.30pm - 45 mins - [sign up](#)

Finance taster: why smart people make bad financial decisions

Tuesday 10 March @4.30pm - 45 mins - [sign up](#)

Earth and environmental science taster: tackling global methane emissions

Tuesday 10 March @5.30pm - 45 mins - [sign up](#)

Biosciences taster: the good, the bad and the buggy - how microbes shape life

Wednesday 11 March @4.30pm - 45 mins - [sign up](#)

Law taster: when does volunteering become employment?

Wednesday 11 March @5.30pm - 45 mins - [sign up](#)

Food science and nutrition taster: mythbusting your food

Thursday 12 March @4.30pm - 45 mins - [sign up](#)

Crime and justice: how do criminology and law connect?

Thursday 12 March @5.30pm - 45 mins - [sign up](#)

Literature in the digital age: have the internet and AI changed the way we read and tell stories?

Thursday 12 March @6.30pm - 45 mins - [sign up](#)

**DON'T FORGET TO LOG ANY INTERACTIONS ON UNIFROG**



### University Subject Discovery Fair

Students Parents Virtual

From finance to nursing, law to creative arts, and engineering to teaching the Subject Discovery Fair is a great opportunity to find out all about studying at university and get all your questions answered by the experts. Join over 30 universities from across the UK to speak to their representatives via Q&A, and attend live sessions delivered by university academics to get an insight into the exciting subjects and trending topics you could be studying at university!

> Wed 18 Mar 16:00-18:30 UK time

[Sign up >](#)

# Smashing Stereotypes

Celebrating the diverse people and careers in science & engineering!



When you picture a scientist, what comes to mind? A lab coat? Safety goggles? Bubbling flasks?

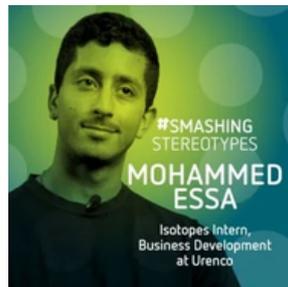
And what about the person behind them – do you imagine an older white man with wild grey hair, perhaps resembling Albert Einstein?

If that's the image you had in mind, you're certainly not alone. But it's time to broaden that picture.

'Smashing Stereotypes' is a powerful collection of over 40 real stories from individuals and teams who challenge outdated ideas about who works in science. The campaign aims to help young people from all backgrounds see that science is not limited to one "type" of person.

Featuring chefs, product designers, fitness professionals and many more, Smashing Stereotypes highlights an important message: science belongs to everyone – whatever your interests, background or future ambitions.

Feeling inspired? Why not share your own story and show how you are challenging expectations using the hashtag #SmashingStereotypes on social media?



## Economics Students - Exclusive!

We are delighted to share an exclusive work experience opportunity for any of our students interested in Economics.

This two-day placement will provide students with a unique insight into economic modelling, global risk analysis, and scenario planning, working directly with the Oxford Economics Scenarios Team in London.

 Dates: Wednesday 8 & Thursday 9 April

 Location: London (in-person)

 [Application link](#)

 Applications close: Friday 13 March



career compass

# JPMorganChase Work Experience Programme

Year 10 and 11 students have the opportunity to enrol in an amazing work experience programme, hosted by JPMorganChase.

The programme combines virtual and in-person experiences, designed to help students build practical skills such as CV writing, interview techniques, and networking. You will also have the chance to put these skills into practice while interacting with JPMorganChase professionals and peers.

Students will:

- Start with a virtual preparation workshop to help them get the most from the programme
- Take part in a two-day in-person experience at a JPMorganChase office (London)
- Join a follow-up virtual session to build on what they've learned

Through the programme, students will gain insight into the financial sector and the impact of JPMorganChase's work with clients and communities.

This opportunity is ideal for curious, motivated students aged 14-16 who are keen to develop their skills and explore potential careers.

To find out more, please visit their [website](#).

To be eligible to attend, you must be available for all sessions.

- Session 1: Tuesday 4th August 2026 (virtual)
- Session 2: Tuesday 11th and 12th August 2026 (in person)
- Session 3: Thursday 18th February 2027 (virtual)



## Get help with your UCAT exams

If you are thinking about applying for a career in medicine or dentistry, these conferences specialise in guiding students through the application process, including comprehensive UCAT exam preparation.

During the conference sessions, students will receive an introductory overview of the UCAT, gain insights into its various sections, and delve into example questions along with effective answering strategies.

Students aged 14 - 18 are invited to attend with a parent or guardian, equipped with a working camera and microphone.

For aspiring Doctors:

Saturday 7th March or Sunday 22nd March from 9.00am - 1.30pm

[Medical Registration Link](#)

For aspiring Dentists:

Saturday 21st March from 9.00am - 1.30pm

[Dental Registration Link](#)



# Imperial College London Opportunities

We are excited to be able to bring you the latest opportunities from Imperial College available to our students. Applications are open for Summer School and STEM Potential Year 10 Programmes as well as competitions, taster days and other opportunities across Imperial and beyond.

So, you want to be a doctor? Online Webinar

Staff and students from the School of Medicine will provide information, advice and guidance on deciding whether medicine is right for you, what is required for a strong application to study the subject at university, and the realities of life as a doctor. Available to Year 10 and 11 students.



Date: Saturday 7 March



Location: Online



[Application link](#)

Meet the medic. Online Webinar

Have you ever wondered what it is really like to be a doctor in London? Join in with this interactive webinar and find out more. For students in Years 10 to 13.



Date: Thursday 26 March @4.30pm - 1 hour



Location: Online



[Application link](#)



## Outreach Summer Schools Programmes 2026

Open to students in Years 9 to 12 interested in STEM

Interested in STEM and keen to explore university and life at Imperial? Applications for our free residential and non-residential summer programmes are now open. [Visit the Summer Schools webpage](#) to learn more about the programmes, eligibility criteria, and how to apply.

Year 9 Girls Engineering Summer School: 4 - 7 August

Year 10 Insights Summer School: 29 July - 1 August (Residential)

Year 11 Online STEM Challenge: 23 - 26 June

Year 12 Sutton Trust Summer School Week 1: 14 - 17 July (Residential)

Year 12 Sutton Trust Summer School Week 2: 21 - 24 July (Residential)

Year 12 Work Experience Programme: 29 June - 3 July

Applications close in March 2026. Please check individual programme web pages for specific closing dates.



Years 10  
and 12  
only

# WORK EXPERIENCE

MONDAY 13TH – FRIDAY 17TH JULY 2026 (5 DAYS)

## WHAT'S THE POINT?

Work experience is crucial for exploring career paths and gaining essential skills. It provides real-world exposure, boosts confidence, and helps build a professional network.

Key benefits include:

- Testing personal interests
- Developing transferable skills like communication and problem-solving
- Understanding the relationship between education and job opportunities

## LOCAL BUSINESSES

You can find a list of local businesses in this file. Please note, the places listed here have not agreed to offer work experience, this is just a directory.

[Local businesses](#)  
[Unifrog contacts](#)

## FINDING A PLACEMENT

If you're not sure where to start, here are some useful ideas:

- **Ask around:** Speak to family members, friends, or neighbours – someone may know a workplace that can offer you a one-day placement.
- **Local businesses:** Visit shops, hairdressers, cafes, garages, nurseries, or offices nearby and ask politely if they offer short placements.
- **Email or phone employers:** Write a short message explaining that you're a student looking for a placement (include the dates)
- **Think about what interests you:** Whether you're interested in animals, technology, sport, healthcare, or something else, try contacting places linked to your interests.
- **Be flexible:** Many places are busy, so be open-minded and positive about a wide range of opportunities.

If you're stuck or need help, speak to your form tutor or the careers team – we're here to support you.

## HOW TO GUIDES

Helpful links:

- How to guide - [finding a placement](#)
- How to guide - [contacting potential employers](#)
- How to guide - [Researching possible placements](#)
- How to guide - [Uploading your placement on Unifrog](#)



# WORK EXPERIENCE

MONDAY 13TH – FRIDAY 17TH JULY 2026

## CONTACTING POTENTIAL EMPLOYERS

It can be really nerve-wracking contacting employers to ask them for work experience. But it doesn't have to be that way!

On this page, we'll discuss how to be prepared when contacting employers.

- Use your school email address
- Use a straight-to-the-point subject.
- Use the employer's name if you know it, or Sir/Madam if you don't.
- Remember to proof read the email so there aren't any mistakes.

## SETTING THE EMAIL OUT

Your email should be professional and include all relevant information:

- **Paragraph 1:** Introduce yourself and the school or college you go to.
- **Paragraph 2:** Say a little about why you are interested in the industry; a couple of sentences is enough. This shows that you've done research and have thought carefully about where you'd like to do work experience.
- **Paragraph 3:** Politely ask about work experience opportunities on dates you are able to attend. You can also ask for a meeting/phone call here too.

## Emailing an employer

**To:** hello@StarkIndustries.com

**Subject:** Work experience

Dear Mr. Stark,

My name is Peter Parker and I am a student at Midtown High School.

My interest in work experience with the Avengers was sparked when I visited your laboratory in Malibu, where I got to see your inventions. I have worked very hard to develop my teamwork skills and spider sense. I feel that with some guidance, I would be a great addition to the Avengers team.

I am looking to do some work experience between the dates of 10-24th February, to help develop my competencies and start to learn how to protect Earth. Do you have any spaces for work experience students at that time? I have attached a copy of my CV for your records.

Yours sincerely,  
Peter Parker



# WORK EXPERIENCE

MONDAY 13TH – FRIDAY 17TH JULY 2026 (5 DAYS)

## RESEARCHING POSSIBLE PLACEMENTS

It can be difficult to know where to start looking for work experience and find a workplace that you're interested in. This session is here to help though!

Your placement will give you the chance to explore a workplace of interest to you. That way, you'll find out whether you it could suit you in the future!

Researching the work experience options in your area is great way to figure out what you are interested in learning about.

## THE UNIFROG APPRENTICESHIP TOOL

The Unifrog Apprenticeships tool isn't just for looking for apprenticeships!

The tool can help you to:

- Search for businesses to approach for work experience
- Get an idea of the types of industries that are available in your area

The Apprenticeship tool also shows you businesses that you're interested in on a map, so you can see how far they are from home!

Start by logging into your Unifrog account...

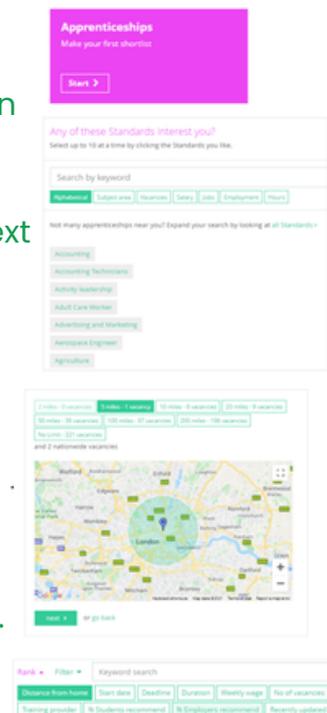
To use the Apprenticeships tool on your homepage:

- Search across various industries and select up to ten to explore.
- Filter results by travel distance using the map.
- Rank your results by "Distance from home" on the next page.
- Choose your preferred opportunities to create a shortlist.

This shortlist provides employer information, required skills, and job locations.

- Use the tool to identify companies for work experience.
- Note company names and your reasons for interest.

Conduct further research for contact details before reaching out. Don't forget to save to your Locker!

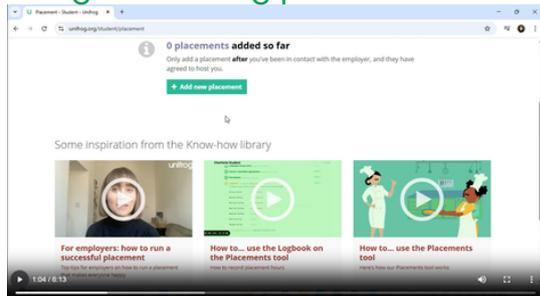


# WORK EXPERIENCE

MONDAY 13TH – FRIDAY 17TH JULY 2026

## UPLOADING YOUR PLACEMENT

We use Unifrog's placement tool to make sure all the paperwork and compliance is completed before you go on your work experience. Once you have agreed with an employer that you are able to work, you need to complete a form online. You can watch this handy [video](#) which will lead you through using the Unifrog placement tool.



## THE UNIFROG PLACEMENT TOOL

At a basic level the tool is a series of forms which need to be completed by specific people at specific times; when one person finishes their form, the system automatically messages the next person in the chain.

The tool makes it easy:

- For students to get the ball rolling, then reflect on the placement afterwards;
- For the employer to follow
- For the parent/guardian to agree to the placement and stay informed of what's happening;
- For the school/college coordinators to have an overview of the whole process

Open the **placements** tool, via a tile on your homepage.

- Click 'Add new placement'
- Enter your start and end date, and placement advisor (Mrs Bull)
- For time commitment, choose 'full time', and choose 'in-person' for how you will meet the employer
- Complete the employer details, you will need to put in an address including postcode.
- Explain how you will travel to your placement
- Write down your objectives for the placement, this will go to the employer
- Enter the employer details - double check to make sure this is correct. It must be accurate or the employer won't get their email!
- Input your details, and your parents details. Again, make sure the email is correct as they will need to approve the placement.
- Check the tick boxes and click 'add placement'

**Placements**  
0 placements added so far

**Logistics**  
\* Describe the time commitment: Full time  
\* Will you meet the employer in-person (not on a video call) at any point during the placement? --select--

**Employer contact details**  
\* Employer placement lead: name: eg Tim Cook  
\* Employer placement lead: email: eg tcook@apple.com  
\* Employer placement lead: email (again): eg tcook@apple.com  
\* Employer placement lead: phone number: -- country code -- Phone number

**Do you agree to?**  
\* Agree  I agree to all four points above.

Form finished?  Check this form as finished and notify employer to fill in their initial form

or cancel changes